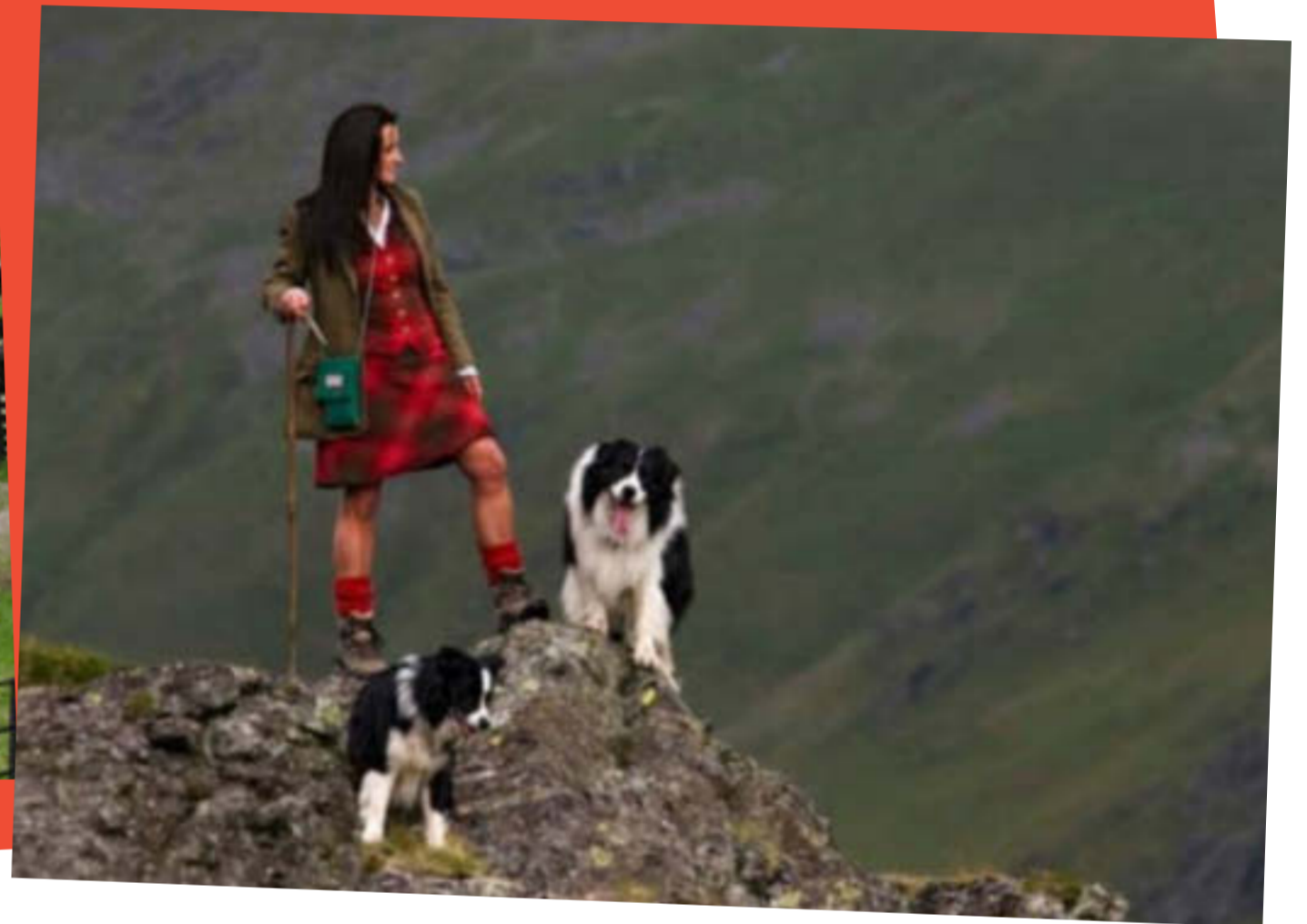




**National
Trust**

The Shepherdess experience coming to a fell near you!

Time well spent



Share the day and a few secrets with Alison O'Neill a Shepherdess, farmer, walker and writer. Learn about the land, the people and the wildlife. Take a guided tour of a Lakeland farm, meeting the people who live and work in this unique landscape.

A circular walk from the farm to the fell, with home made cakes and drinks when you finish. A chance to barefoot walk or paddle or maybe wild swim. Discover wildlife, and hear about the history, and learn all about the life of a Shepherdess.

Shepherdess Walks

Yew Tree Farm, Coniston
10 June, 24 June, 22 July, 12 August, 16 September
10.30 - 16.00
Call 015394 41456 for details and to book.

High Snab Farm, Newlands near Keswick
17 June, 8 July, 8 September
10.30 - 16.00
Call for details on 01768 774649

High Wray Farm, near Ambleside
4 July, 1 August
10.30 - 16.00
Call 015394 41456 for details and to book

Booking essential; All tickets £45.

Visit www.ntlakesoutdoors.org.uk/