

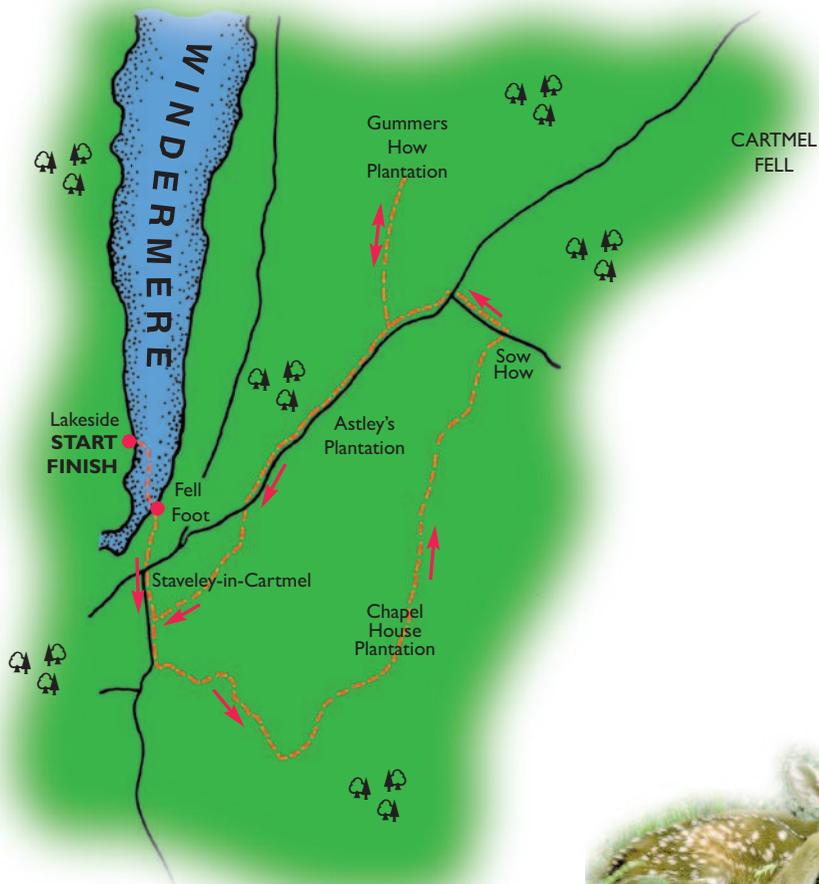


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Route



## Fell Foot - Gummers How

Direct route and return 1½ hours, using forest paths via Chapel House Plantation and return 3 hours.



- 1 From Lakeside take the short ferry ride to Fell Foot and from the jetty make your way right to the car park exit. For the direct route turn left on the main road and walk for 100 metres to a road junction signed Gummings How. There is a 1.2km steady climb up the hill which will bring you to the well marked footpath to the summit. - see paragraph 4.
- 2 For the forest walk turn right at the car park exit and, after 50 metres, take the road to Staveley. Walk for 500 metres until you come to a telephone kiosk and turn left along a public bridleway - Simpson Ground. After just over 250 metres you will come to a metal gate where you bear left along the path and enter a field via wooden gate. This heads towards the top right hand side of the field where you will soon see another wooden gate. Go through and continue upwards following the arrows until you come to a forest road.
- 3 Turn left on the road and after approximately 600 metres when the road swings right carry straight on along a track into a spruce plantation. Soon a marked path forks to the right but ignore this and stay on the track. You pass through a cleared area for approximately 20 minutes until you reach another forest road. Turn left and you soon arrive at Sow How Lane. Turn left, then left again onto the main road. Two hundred metres over the brow of the hill you come to the footpath to Gummings How Summit.
- 4 The walk from here to Gummings How and back will take approximately 45 minutes allowing 10 minutes for views from the top - see page 37.
- 5 After descending to the road, cross to a footpath down to a car park, then follow the road down for just over 800 metres. Take the signed public footpath to Staveley on the left, cross a stile and go straight on into the woods towards a wall on the left for approximately 100 metres, then follow the path down through trees until you come to a wall at the bottom. Cross a stone stile, following the path left, then on until you leave the spruce plantation. Cross another stile and go right, through a gate 20 metres ahead, and back into Staveley. Turn right for Fell Foot.



***The Lake District Foundation inspire people to care for the Lake District. They fund conservation, environmental and cultural heritage projects across the national park.***

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