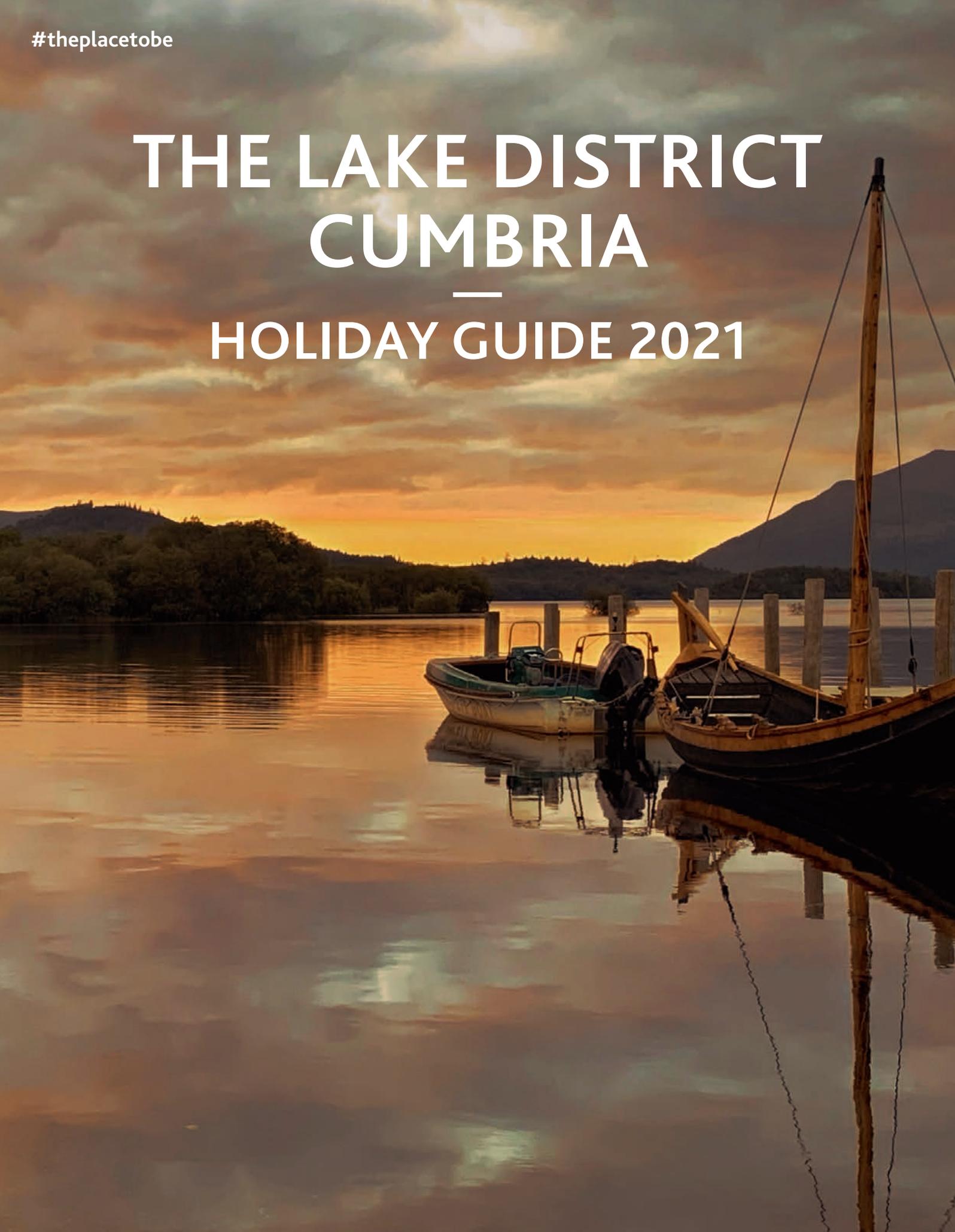


#thelacetobe

# THE LAKE DISTRICT CUMBRIA — HOLIDAY GUIDE 2021





# WELCOME TO CUMBRIA

*Visit* Lake District, Cumbria



LAKESIDE HOTEL & SPA

LAKE WINDERMERE

★★★★



# LAKES AND MOUNTAINS

## selfie GUIDE

The Lake District, Cumbria is one of the most beautiful places on earth, so it's no wonder visitors come from all over the world to see the famous views. The lakes flanked by wooded shorelines and forests with the backdrop of England's mightiest mountains, not to mention over 100 miles of stunning coastline. Home to the longest and deepest lakes plus England's highest mountain. There is no better place to capture the perfect selfie and share it with the world. Don't forget to share them with us too. Use the hashtag #theperfectplacetobe.



### Best for: POETS

The sound of water careering into the rocks at the bottom engulfed in a cloud of spray is almost hypnotic. William Wordsworth was inspired to write at this gorgeous waterfall. This could be the scene of your most poetic work.



### Best for: DEEP THINKERS

Scafell Pike - England's tallest mountain proudly stands over the deepest lake in the Lake District. You'll struggle to find a better selfie backdrop than the view down Wastwater.

### Best for: SEA LOVERS

It is a common mistake for visitors to Cumbria to overlook more than 100 miles of stunning shores and beaches. From the town of Haverigg with its sandy beaches to the breathtaking Solway Coast, there is plenty to discover everywhere in between.

From seaside towns like Ravenglass to fantastic beaches, scenic estuaries, historic harbours, marine nature reserves and imposing sandstone clifftops. Take your selfie from the beach at St. Bees with the sea and cliffs as your backdrop.





LOUGHRIGG FELL

*Best for:* **PEACE AND QUIET**

One of our smaller peaks at just over 1000ft, is Loughrigg Fell. Enjoy a peaceful afternoon walk that rewards you with a panoramic view of the Lake District mountains reflecting off the glistening surface of Grasmere Lake. An ideal spot for a selfie or two!

*Best for:* **CREATIVES**

The enchanting Ruskin's View is the scene of a famous painting by Turner. As if that wasn't praise enough, John Ruskin was also known to have said that it is 'one of the loveliest scenes in England'. It's just crying out for a photo.



RUSKIN'S VIEW, KIRKBY LONSDALE



GUMMER'S HOW, WINDERMERE

*Best for:* **RAMBLERS**

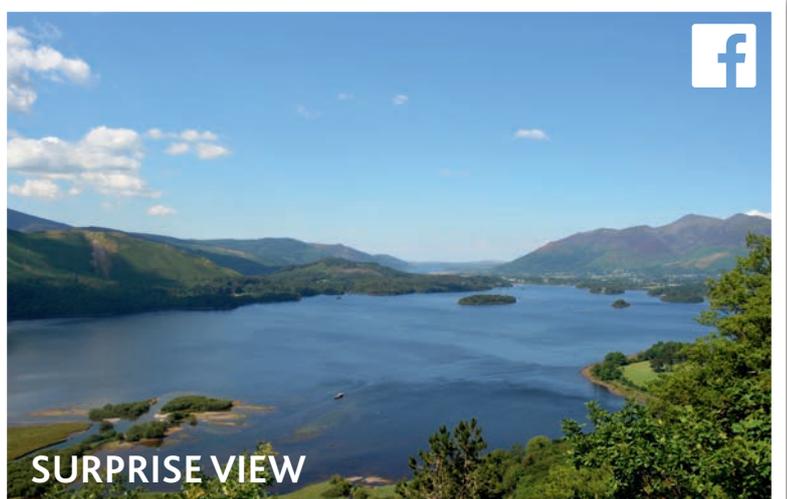
This manageable walk is a source of inspiration all year round. Try watching the sunset over the lake, it's breath-taking. Autumn is a special time to visit as a kaleidoscope of colour bursts out of the rich Lakeland vegetation surrounding the lake. It's always a great photo, whenever you visit.



*Best for:* **THOSE WHO CAN KEEP A SECRET**

Many come to visit the iconic Ashness Bridge near Keswick. For a wonderful, unexpected delight, clamber up the hill to the right from the road to experience the rewards of Surprise View, perched high on an oak-lined cliff edge overlooking the whole of Derwentwater.

On a clear day you can even spot Bassenthwaite lake in the distance!



SURPRISE VIEW



# THE LAKE DISTRICT



Welcome to

THE ENGLISH  
LAKE DISTRICT  
WORLD HERITAGE SITE

**T**he Lake District has everything you need and more for the perfect staycation. If its adventure you are seeking, then this is the perfect place for you. Whatever you have in mind you can do it here. Climb, hike, scramble, run, sail, swim, paddleboard, canoe, cycle, horse ride - we are one giant, beautiful adventure playground.

If you are seeking a little inspiration, come and experience the landscape that has for centuries inspired poets, painters and wordsmiths to create masterpieces.

You can set the pace for your holiday in the Lake District. If complete relaxation is what's needed then jump off life's treadmill, embrace the tranquillity and take in that pure mountain air.

We are most famous for scenery that will leave you breathless. A UNESCO World Heritage site that is home to England's longest lake, it's deepest lake and the highest mountain.

Alongside the beauty you will find quaint villages, cosy pubs, family attractions and an abundance of independent shops and hotels.

A trip to the Lake District will leave you invigorated, refreshed, revitalised and raring to come back again for more.



## HISTORY

Everywhere you turn in the Lake District you can immerse yourself in fascinating living history. From the unspoiled landscapes that inspired poets and started the Romantic movement to the grandeur of castles and stately homes. Learn about the history of boats in the area and travel on historic vessels and vintage trains. Despite its gruesome name, the picturesque Coffin Walk, takes in two lakes. Starting in Ambleside it follows a medieval corpse road that was once used to transport dead bodies to their final resting place at St Oswald's Church in Grasmere.

## ADVENTURE

You can't come to the Lakes and not get out on the water.

You could take the plunge into wild swimming or indulge in exhilarating water sports, from canoeing and sailing to windsurfing, diving and paddle boarding.

'Bag a Wainwright' whilst you are here. There are 214 fell walks to choose from with difficulty levels to suit.

There is plenty of adventure to be had on two wheels from family rides to challenging mountain bike trails.



© Brockhole

## NATURE

The Lake District is the natural home of a variety of species of flora and fauna. There is always something to marvel at whether it's our famed daffodils fluttering in the breeze, bluebells on the lake shore or watching the explosion of colour in the winter.



© Queen's Head

## FOOD & DRINK

The Lake District has something to suit every taste. From fine dining at a Michelin starred restaurant to cosy pubs and lakeside cafes serving a myriad of locally produced food, both indoors and out.



© Windermere Jetty Museum

## FAMILY

There are so many attractions to entertain every age group. Why not take the whole family on an exhilarating tree top adventure or recreate Swallows and Amazons and hire a boat to row across the lake. We have enthralling museums to interest all ages dedicated to boats, cars, art and local culture.



## HEALTH & WELLBEING

We all need space and time to breathe in and treat our bodies and minds. In the Lake District you go at your own pace. Leave the car behind - amaze at the views, embrace the tranquillity and encounter the wildlife. It is these moments that will stay with you long after your Lake District holiday.

## ARTS & CULTURE

With a landscape that's inspired poets and dreamers for centuries, it's easy to see why the Lake District is a hub for creatives. You'll find traditional and contemporary art such as forest sculptures alongside a packed calendar of art, literary and film festivals. See original theatre productions or grab some popcorn and head to an independent cinema. Peter Rabbit™ author Beatrix Potter is synonymous with the Lake District. See her cottage where she wrote so many of her stories or enjoy an interactive exhibition dedicated to her enchanting tales. Traditional country shows are highly recommended as a great way to immerse yourself in local culture.



© Forestry England

# EXPLORE WITHOUT A CAR

Here in Cumbria we believe the only limit to your adventures is your imagination. Not having a car shouldn't hold you back, in fact, it's an opportunity to discover the real Lakes. So, hop on board the train, catch a boat, explore on two wheels or set out on foot, and see where your adventures take you. It's good for the environment and good for the soul.

Our local rail lines connect to the West Coast Mainline and can deliver you into the heart of the Lakes, around the endlessly stunning Cumbrian Coast or to the vibrant City of Carlisle. Our ever-increasing miles of footpath and cycleways, plus the network of buses and boats can transport you to some surprising destinations. Pick a stop and explore.

If you need a little help then let us inspire you with our itineraries at: [visitlakedistrict.com/travel](https://www.visitlakedistrict.com/travel)



# DARK SKIES

**C**umbria has some of the darkest skies in the whole of the UK which means on a clear night you could be standing amongst the stars gazing at the heavens. Whether a novice stargazer or an amateur astronomer, the Lake District, Cumbria, easily outshines the city lights for a memorable autumn or winter holiday, with more than 1,000 stars visible on a clear night.

Guided by the light of the stars, don't forget to look down and see the thriving wildlife in their natural habitat. Nocturnal creatures flourish under dark skies without artificial light confusing their natural behaviours.

## WHAT TO LOOK FOR

Meteor showers are a spectacular sight. It's also fun to point out the constellations – Orion's Belt is one of the easiest to spot. If you get the timing right, you can see the International Space Station. Believe it or not, planets are often the easiest things to spot with the naked eye. Venus can be incredibly bright. Plus, on a clear night you can easily make out our galaxy, The Milky Way.

## DARK SKY FRIENDLY ACCOMMODATION

Many remote cottages and hotels offer stargazing activities. Some rooms even have a telescope included!

## FESTIVAL

The Cumbria Dark Skies Festival takes place in February whilst the North Pennines Stargazing Festival is held in October half term.

## WHAT TIME OF YEAR?

Winter is the optimum time to enjoy the darkest skies plus the kids don't need to stay up late.

**Highlight:** Witnessing a meteor shower is an incredible experience. Look out for the Quadrantids in January.

Summer nights are, of course warmer.

**Highlight:** The Perseids meteor shower in August.

Spring is a great time for stargazing. The weather is warming up but there are still long hours of darkness.

**Highlight:** See Orion and the stick figures of Gemini on a clear night.

Autumn is a good time for mild nights but plenty of after dark hours.

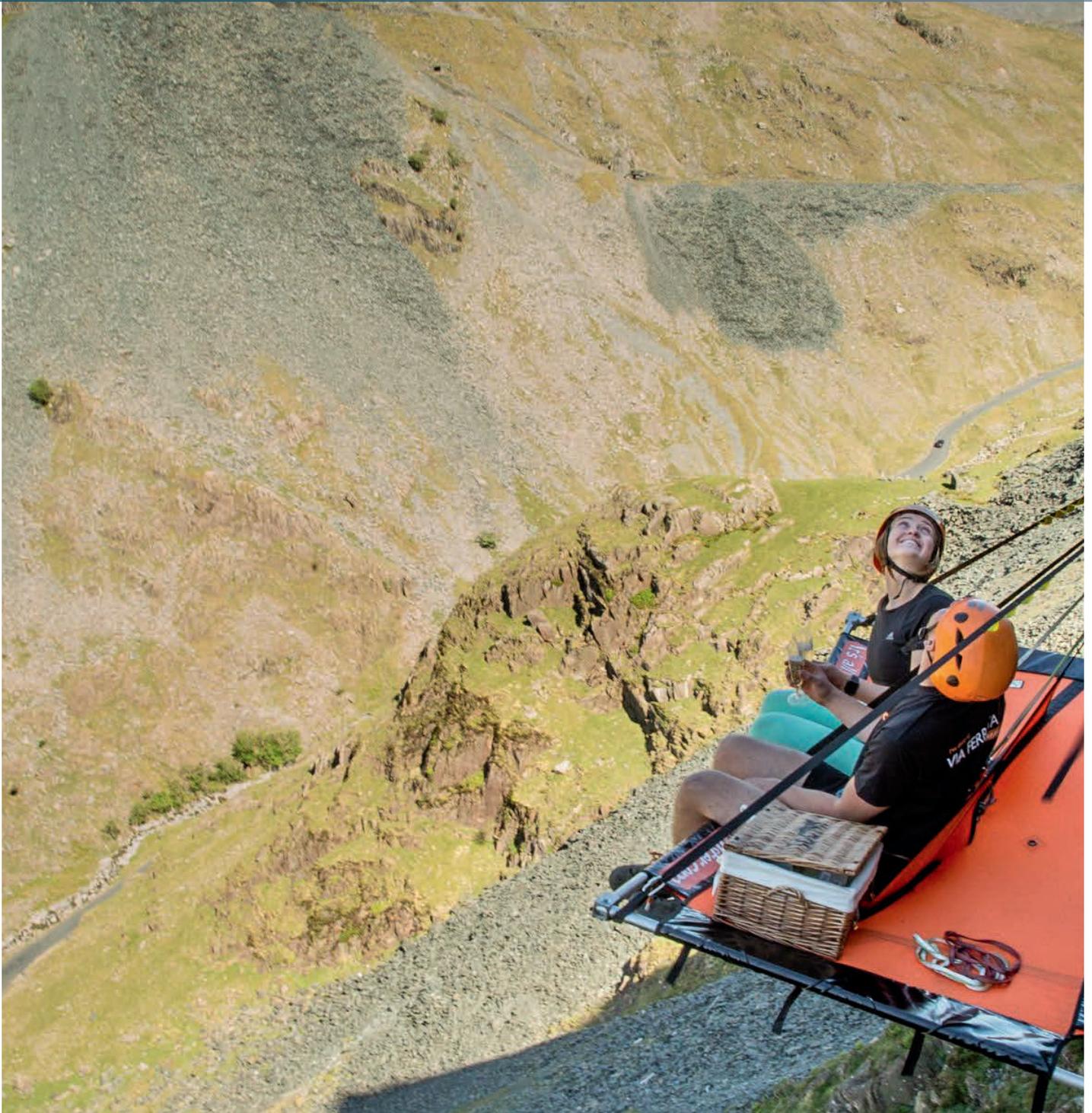
**Highlight:** the Milky Way is best when it is high overhead and spans much of the sky.

## PLACES TO GO

Due to Cumbria's lack of light pollution you are spoilt for choice for places to see the stars. Try the Dark Sky Discovery site of Low Gillerthwaite, Ennerdale or the remote and beautiful Wasdale Valley. Asby Common in the Eden Valley is a wild, open space and Grizedale Forest has regular star gazing events for all the family to enjoy.

For more information visit [visitlakedistrict.com](http://visitlakedistrict.com)

# ADVENTURE EXPERIENCES



Our peaks are synonymous with hiking, climbing, scrambling, fell running, mountain biking and abseiling. We even have England's highest mountain for the ultimate challenge. Then there is the water; we are not called the Lake District for nothing. Kayaking, canoeing, rowing and open water swimming are part of the way of life here. Whether you are addicted to adrenaline thrills or prefer a unique experience that you will cherish for a lifetime, you will find everything you need in the Lake District, Cumbria.

© Honister



## CLIMBING & HILLWALKING

We are famous for our mountains (we have England's highest - Scafell Pike) and fells and such is the variety that there is something to suit all tastes and abilities. Its not all about climbing up, you can also abseil down too!

## GHYLL SCRAMBLING

Follow your guide walking through a mountain stream with jumps, slides and climbs to add to the excitement. Be warned, you will get wet!

## MILES WITHOUT STILES

Miles without Stiles is an initiative by the Lake District National Park, with details of 48 routes across the National Park that are suitable for people with limited mobility, including wheelchair users, families with pushchairs, and the visually impaired.

## ROPE ADVENTURES

Challenge yourself to reach new heights – amongst the trees. Swing from ropes or fly on a zip wire. There are several exhilarating courses in Cumbria, all family-friendly.



## WILD SWIMMING

Our lakes play host to many open water swimming events - from a New Years Day dip, stargazing swims to charity fund-raising challenges.

## FUN FOR ALL

A drop-fronted powerboat that enables easy access has recently been launched on Windermere. There are also plans for a fleet of canoes designed to accommodate a range of needs. You will find wheelchair accessible paddleboards at Fell Foot Park on the tip of Windermere, along with accessible, modern changing facilities plus a rough terrain wheelchair to help users explore the park.

## WALKING WITH NATIVE FELL PONIES

You can spend a day walking with friendly, native fell ponies walking along an old pack horse trail and finishing with a picnic.



## CYCLING

The Lake District, Cumbria was made for cycling, with challenging off-road mountain biking routes to gentle country lanes. Bring the family and follow one of our family-friendly cycling routes, you can even hire an electric bike.





Forestry England

# Explore Lake District Forests

Image: Steve Blake

## Grizedale

In the heart of the Lake District you can find walking and cycling trails, pick a quiet spot to admire the wildlife or discover amazing sculptures in the forest.

For more information visit [forestryengland.uk/grizedale](https://forestryengland.uk/grizedale) or call 0300 067 4495

 Grizedale Forest



## Whinlatter

Visit England's only true mountain forest. Whinlatter is home to stunning views, fantastic trails, rare wildlife and adventure play.

For more information visit [forestryengland.uk/whinlatter](https://forestryengland.uk/whinlatter) or call 017687 78469

 Whinlatter



[forestryengland.uk](https://forestryengland.uk)

# HERITAGE, ARTS AND CULTURE



There are thousands of years of heritage woven into the fabric of Cumbrian culture.

From stone circles to castles, stately homes and gardens to steam trains and lake cruises on historic steam boats.

Perfect for the history buff in us all. It's a landscape that has inspired iconic cultural figures such as Wordsworth, JMW Turner, John Ruskin, Kurt Schwitters, Coleridge and Andy Goldsworthy. Taylor Swift even wrote a song about it!

Today, that spirit of creativity continues with a vibrant scene of artists and creatives pushing boundaries in literature, performance and contemporary art. Discover international festivals, galleries, buzzing arts centres, theatres, boutique cinemas and world-class museums. Discover the same landscape that inspired our greatest poet William Wordsworth and the celebrated children's author Beatrix Potter.

© Windermere Jetty Museum



© Windermere Lake Cruises

## WATER

New for 2021 sail England's longest lake onboard the brand-new MV Swift or choose to travel on a vintage boat on several of our lakes. Learn about these beautiful vessels at Windermere Jetty, Museum of Boats, Steam and Stories. The legend of Donald Campbell echoes around the shores of Coniston Water - see a full-size replica of his famous 'BlueBird' at the Lakeland Motor Museum.



## ART TRAILS AND EXHIBITIONS

Among the trees in Grizedale Forest you'll discover dozens of contemporary sculptures. Blackwell is the ultimate Arts and Crafts destination, Tullie House has an impressive exhibition's programme and Rheged Centre holds the Great Print Exhibition. Smaller galleries are in abundance; our top picks are Heaton Cooper Studio, Cross Lane Projects and Upfront Gallery.



© Senhouse Roman Museum

## MUSEUMS

Whether it's exploring the culture of the area at the Keswick Museum or celebrating our intriguing maritime history at The Beacon in Whitehaven, there is a museum for everyone. Explore what the Romans did for us at Senhouse Roman Museum or Hadrian's Wall and have a chuckle at Laurel and Hardy, in a museum in honour of Ulverston born Stan.



© Keswick Alhambra

## THEATRE AND CINEMA

Our vibrant theatre scene proudly boasts home-grown productions and world-class visiting performances. In summer enjoy an outdoor theatre show or a live concert in the park. Hark back to cinema's golden age by catching a film at an independent Art-Deco picture house. One still proudly boasts a working Wurlitzer organ.



© Levens Hall

## CASTLES, HOUSES AND GARDENS

Imagine how the monks lived at Furness Abbey or explore the ruins of Lowther Castle. Visit Uther Pendragon's mystical home or the Kendal home of Henry VIII's sixth wife. Sizergh and Muncaster are great days out whilst Carlisle and Penrith Castles are a reminder of hundreds of years of conflicts. Stately homes like Levens Hall and Holker Hall or Dalemian House are just as famous for their designer gardens.



## STEAM TRAINS

Gently chug through the countryside behind a majestic steam locomotive from the luxury of a vintage compartment. From the standard gauge of the Lakeside and Haverthwaite Railway to the narrow gauge of the Ravenglass and Eskdale Railway. As well as our heritage lines, steam specials often traverse Britain's most scenic route – the Settle to Carlisle line.

# SOMETHING FOR ALL THE FAMILY



There is a reason why families come back to the Lake District, Cumbria, year after year, generation after generation; there is just so much to do to satisfy every family member.

If you've recently discovered the Lakes or are planning a staycation, you will be spoilt for choice for family-friendly attractions to enjoy, whatever the weather.

Take the opportunity to experience things you've never done before and create memories that your children and grandchildren will be telling their children's grandchildren about.

© Graythwaite Adventure



© Go Ape

### TREE TOP ADVENTURES

For an action-packed day out take the kids climbing trees, with a difference. Let them bounce on a trampoline suspended high up in the trees or try a forest course with high wires and a wind in your face zip wire.



© Sally Tapp, Cumbria Wildlife Trust

### WILDLIFE

See a native red squirrel in the forest or seal pups snuggling up to mum from the viewing point at Walney. The Lake District ospreys return every year and can be seen from specially designed viewpoints. Try an experience walking with an alpaca or even wolves.



© National Trust

### PETER RABBIT™ COUNTRY

Peter Rabbit™ and his friends were all created by Beatrix Potter, inspired by the Lakeland landscape. You can visit her former home, see her personal boat plus there is a museum dedicated to the tales as well as a gallery of her enchanting illustrations. Not forgetting plenty of Peter Rabbit™ souvenirs to take home with you.



### LAKESIDE WALKS

Pack a picnic and take the family walking. Follow the famous Wainwright guides, there are 214 to choose from. Listen to our Podcasts to inspire you at [visitlakedistrict.com](http://visitlakedistrict.com)



© Windermere Jetty Museum

### WHATEVER THE WEATHER

There is always loads for the family to enjoy whatever the weather is doing. You'll be spoilt for choice. View castles, choose from a wealth of museums, break out of an escape room, delve deep into caves or high up on a climbing wall or just relax in front of a blockbuster in one of our Art Deco independent cinemas.



### SAIL

Enjoying our wonderful lakes, waters and meres is one of the most popular things to do. Why not hire a boat or enjoy a cruise with someone else to captain your adventure? You could try your hand at paddleboarding or take sailing lessons.



© Lake District Wildlife Park

### ANIMALS

Get back to nature and take the kids to one of Cumbria's many farm parks. You'll see up close the Herdwick – the traditional breed exclusive to the Lake District. We are also home to zoos, aquariums and wildlife parks to see furry friends up close.

# FOOD AND DRINK



With a galaxy of Michelin stars, Cumbria really is the UK's eating out capital. Drawing inspiration from the surrounding landscape, our chefs are world-renowned, yet their secret ingredient is local. From the spicy kick of the Cumberland sausage, jams and relishes to the famous Grasmere Gingerbread®, produced to a secret recipe since 1854. Enjoy potted shrimp overlooking the sea or a hearty meal by a cosy fire in a country pub. Sample local goodies from our farm shops, delis, and supermarkets or have a Cumbrian hamper delivered right to the door of your holiday cottage. Wash it all down with an inviting real ale, a pleasing gin, vodka or whisky, all of which are handcrafted locally.



## BREWERS & DISTILLERS

Did you know reputedly we are home to the most densely populated area of microbreweries in the UK? It's no wonder we offer a packed calendar of beer festivals to enjoy. You can even sample the ales at many of our fine breweries and witness your favourite tippable being brewed or enjoy a distillery tour and watch the Lake District's own whisky and gins being produced.

## FOOD AND DRINK MARKETS

Such is the selection of food and drink in Cumbria, one of the best ways to explore the sheer variety is at one of our many food and drink events. There are food fairs showcasing the best local producers and giving you the chance to take home a souvenir or two from your trip. Cumbria's traditional agricultural shows are also a must-see when you are here. As well as being a showcase for locally produced food and drink, the events hold livestock classes and have been known to attract royalty and celebrity chefs.



## PICNIC

Why not fill your basket with an array of Cumbrian delicacies and enjoy a delicious picnic on the side of a lake, by the sea or the top of a mountain?

## AFTERNOON TEAS WITH A VIEW

There is only one thing better than indulging in a delicious afternoon tea with a loved one or a group of friends and that is dining whilst enjoying views of one of our many lakes, mountains or the dramatic Cumbrian coastline. The area has a plethora of hotels, restaurants and cafes offering a tempting afternoon tea, featuring home-made cakes and scones to enjoy whilst you dreamily gaze at the breathtaking Lakeland views.

## MICHELIN STARS

Recognised as the perfect place to be for fine dining, our numerous Michelin stars demonstrate that the quality of the food easily matches the quality of the environment in which it's served. Whether you fancy a meal whilst taking in stunning views across spectacular landscapes, or a more urban feel in our bustling city, town or village centres, the Lake District, Cumbria's, restaurant experience offers a holiday highlight to be remembered long after you have returned home.



## RETAILERS & PRODUCERS

A host of household names originated here including the indulgent sticky toffee pudding, perfectly perfected in the charming village of Cartmel.

Hawkshead Relish is now sold the world over but still lovingly produced in this beautiful Lakeland village. Cumberland Sausage is a local delicacy produced exclusively here.

Such is the breadth of local producers, the mark 'Made in Cumbria' has become synonymous with quality.

## TEA ROOMS

In Cumbria, you're never far away from one of our many tempting cafes and tearooms. Whether it's a cosy place tucked away in the corner of a tiny village, or right in the heart of an exciting town centre, there's a mug or cup with your name on it.

## PUB GRUB

From down-to-earth dining to venues with a touch of luxury, the area's famous roster of pubs and inns serve up a massive range of food and drinks to suit all tastes. Many even allow your four-legged friend to join in the fun.



# TAKE A PIECE OF CUMBRIA HOME



Cumbria has a vibrant community of quality producers whose goods can be found in far flung corners of the globe. From food and drink, sweet treats to exquisite crafts, the stamp 'Made in Cumbria' has become synonymous with taste and quality. Here are just a few ideas for your local shopping spree and we really are just showing you the tip of the iceberg. You will have to come back again with a bigger suitcase although many businesses will send Cumbrian products direct to your door, so even when your holiday is over the love affair can continue all year round.

© Cable and Blake – fabrics made from Herdwick wool

## UNIQUE GIFTS

Honister green slate was formed in a rugged corner of the Lake District more than 450 million years ago and has been mined here for many centuries. It has even been used on the roof of Buckingham Palace. You can take home personalised slate gifts or how about a tumbler used by James Bond or a decanter that's been used in the filming of Downton Abbey from Cumbria Crystal?



© Cumbria Crystal



© Taste Cumbria

## TRY BEFORE YOU BUY

Why not visit one of Cumbria's many festivals of local producers – it's a chance to meet the makers. We are famous for our locally made food products. You will also find cosmetics, ceramics, candles, perfumes, and much more – shop 'till you drop!

## SHOPPING

We have everything you need for a spot of retail therapy. Bustling town centres such as Workington, Kendal, Cockermouth, Barrow and Penrith offer a mix of independent shopping and high street names. Relax with a coffee between shops in Carlisle city's vibrant café and bar scene. Why not browse a beautiful independent boutique in Ulverston, Grange-over-Sands, Kirkby Lonsdale or Hawkshead to name but a few?



© George Fisher

## THE GREAT OUTDOORS

The Lake District, Cumbria, is the birthplace of climbing which is why we have an extensive selection of outdoor retailers to make sure you are fully prepared for a safe day on the fells. Whether you are just planning a low level meander and need wellies for the kids to puddle jump or you are bagging Wainwrights or scaling Scafell, experts will be on hand to ensure you are equipped with the right gear for any expedition.

# TRAVEL



© Mark Fielding

## GETTING HERE

The Lake District, Cumbria, sits in England's north-western corner and is surprisingly quick and easy to reach.

You can explore the region in a bunch of different ways. You can do it under your own steam by car or let our excellent public transportation network do all the work for you so that you can sit back and soak up the spectacular views.

Travel at your leisure. Admire unforgettable views from a train or an open-top bus, get close to the landscapes by boat, by bike, on foot - or even by electric car. Savour every moment. Make every journey count.



### RAIL

The Lake District, Cumbria, is on the West Coast Mainline and is just 2 hours 45 minutes from London Euston, 2 hours from Glasgow or Edinburgh and 1 and a half hours from Manchester.

Alight at Oxenholme and connect with the Lakes Line for Central and Southern Lakes. Penrith for the North Lakes and Carlisle for North Cumbria. Change at Lancaster for connections to Morecambe Bay and the Cumbrian Coast.

### CAR

You can reach Cumbria via the M6 motorway. Approximately 4 hours drive from London, 2 hours from The Midlands, 2 and a half hours from Glasgow and 1 and a half hours from Manchester.

Watch out for our new Motorhome Guide to Cumbria arriving at [visitlakedistrict.com](http://visitlakedistrict.com) in the spring.

### AIR

Manchester airport is around 1 and a half hours from the Lake District, Cumbria. There is a direct train service from the airport itself.

Liverpool airport is around 2 hours away as is Glasgow airport.

Newcastle International Airport is just over 1 and a half hours away.

## GETTING AROUND

The Lake District, Cumbria, is easy to get around by car but there are also many more exciting ways to travel. If you just want to leave your car behind for a day whilst here or you don't have your own vehicle, it's still pretty easy to get around.

Our local train lines connect to the West Coast Mainline and can take you to Windermere (the heart of the World Heritage Site), around the stunning Morecambe Bay and along the entire length of the Cumbrian Coast. From here buses, boats, bikes and boots can all help you explore further afield.

### PEDAL POWER

Cumbria is made for cycling. If you are a mountain biker, road or cross biker, challenge yourself and your legs to Hardknott Pass – not for the faint hearted! If you prefer a longer more gentle route to appreciate the scenery, the Hadrian's cycleway allows you to explore the Hadrian's Wall UNESCO World Heritage site or the Morecambe Bay Cycleway which runs along the dramatic Cumbrian Coast. The Tour of Britain cycle race will once again return to Cumbria this year.

For mountain bikers head to one of our trail centres (including Whinlatter, England's only true mountain forest) or seek out one of our many thrilling natural trails, which really put the mountain back in biking. Electric bikes are an accessible way to get around whatever your cycling fitness. There are numerous hire places who offer e-bikes alongside conventional cycles so you can explore the Lake District, Cumbria, on two wheels.



© Lakeside and Haverthwaite Railway

### VINTAGE POWER

Enjoy a tranquil cruise on one of the world's most scenic lakes with Ullswater 'Steamers' or explore around all the different jetties of Derwentwater with Keswick Launch. Steam is the way to travel behind a beautifully restored locomotive on the Lakeside and Haverthwaite Railway which connects with the iconic Windermere Lake Cruises. You can also travel 7 miles through the mountains of the Western Lake District on a narrow-gauge steam train in an open-air carriage with the wind in your hair. For a tranquil sail on Coniston Water take a ride on the Steam Yacht Gondola.



### FERRY POWER

The Windermere car ferry links the eastern shore of Windermere with the peaceful countryside on the west shore. It also provides access to the thriving Lakeland villages of Coniston, Sawry and Hawkshead. It is also a great way to explore further on foot, bike or horseback.



### HORSE POWER

What better way to explore the landscape than on horseback? If you are a novice, why not take some lessons on your holiday? For accomplished riders there are plenty of horse riding centres to choose from.



© Stagecoach

### BUS POWER

The bus offers a convenient way to explore Cumbria and the Lake District. Whether sitting back on the top deck of an open-top bus or tackling our mountain passes on a Mountain Goat tour. The bus is both versatile and liberating, freeing you up to just enjoy the views. There are some great services to bus out and walk back from.

# TOURIST INFORMATION & MAP

## VISITOR INFORMATION CENTRES SEASONAL OPEN ALL YEAR\*

Friendly, helpful and knowledgeable staff at Cumbria's Tourist Information Centres can help you make the most of your stay by giving advice on where to go, how to get around, what's on and where to stay. Some Tourist Information Centres also offer an accommodation booking service to personal callers. Please note that opening days, times and operational facilities may be subject to change due to coronavirus restrictions, therefore please check before travelling.

 - Wheelchair Access **A1 - Map Reference**

\* possible limited opening during winter months

### **Alston J4**

Town Hall, Front Street, CA9 3RF  
01434 382244

### **Ambleside F9**

Central Buildings, Market Cross,  
LA22 9BS  
0844 225 0544

### **Appleby J7**

Moot Hall, Boroughgate, CA16 6XE  
017683 51177  
tic@applebytown.org.uk

### **Bowness-on-Windermere F9**

Glebe Road, LA23 3HJ  
0845 9010845  
bownesstic@lakedistrict.gov.uk

### **Brampton H2**

Moot Hall, Market Place, CA8 1RW  
016977 3433

### **Broughton-in-Furness D10**

The Old Town Hall, The Square, LA20 6JF  
01229 716115  
broughtontic@btconnect.com

### **Carlisle F3**

Old Town Hall, Greenmarket, CA3 8JE  
01228 598596 | tourism@carlisle.gov.uk

### **Cockermouth C6**

92-94 Main Street, CA13 9LU  
01900 822634 | tic@cockermouth.org

### **Coniston E9**

Ruskin Avenue, LA21 8EH  
015394 41533 | mail@conistontic.org

### **Egremont B8**

12 Main Street, CA22 2DW  
01946 820693

### **Grange-over-Sands F12**

Victoria Hall, Main Street, LA11 6DP  
015395 34026  
informationcentre@grangeoversands.net

### **Keswick D6**

Moot Hall, Market Square, CA12 5JR  
0845 9010845 | keswicktic@lakedistrict.gov.uk

### **Kirkby Lonsdale H11**

The Old Bank, 29 Main Street, LA6 2AH  
015242 71437

### **Kirkby Stephen K8**

Market Street, CA17 4QN  
017683 71199

### **Penrith G6**

Robinson's School, Middlegate,  
CA11 7PT  
01768 867466 | pen.tic@eden.gov.uk

### **Sedbergh J10**

72 Main Street, LA10 5AD  
015396 20125 | tic@sedbergh.org.uk

### **Silloth C3**

Solway Coast Discovery Centre,  
Liddel Street, CA7 4DD  
016973 31944 | sillothtic@allderdale.gov.uk

### **Ullswater F7**

Beckside Car Park, Glenridding,  
CA11 0PD  
0845 9010845 | ullswatertic@lakedistrict.gov.uk

### **Windermere F9**

Victoria Street, LA23 1AD  
015394 46499  
info@windermereinfo.co.uk

## VISITOR INFORMATION POINTS

Visitor Information Points offer a local drop-in service which includes basic information and free literature for visitors without being a full-scale Tourist Information Centre. Not all Visitor Information Points are open all year and opening days, times and operational facilities may be subject to change due to coronavirus restrictions, therefore please check before travelling.

### **Barrow D12**

The Forum, 28 Duke Street,  
Barrow-in-Furness, LA14 1HH  
01229 876557

### **Dalton D12**

Dalton Town Hall, Station Road,  
Dalton-In-Furness, LA15 8DT  
01229 464000

### **Grasmere E8**

Weavers Post Office, The Old Coach House,  
Stock Lane, Grasmere, LA22 9SJ  
015394 35475

### **Hadrian's Wall H2**

Lanercost Tea Room, Lanercost, Brampton,  
CA8 2HQ  
016977 41267  
info@lanercosttearoom.co.uk

### **Maryport B5**

Lake District Coast Aquarium,  
South Quay, Maryport, CA15 8AB  
01900 817760  
hello@coastaquarium.co.uk

### **Millom C11**

Millom Discovery Centre, Station Road,  
Millom, LA18 5AA  
01229 772555

### **Nenthead K46**

The Hive at Nenthead, CA9 3PF  
01434 408040  
activity@visitnenthead.com

### **Rheded G6**

Rheded Centre, Penrith CA11 0DQ  
01768 860034  
tic@rheded.com

### **Pooley Bridge G6**

Ullswater Steamers Information,  
Pooley Bridge, Penrith, CA10 2NN  
01768 486627

### **Shap H7**

The Old Courthouse, Main Street, CA10 3NL  
01931 717539  
admin@theoldcourthouse.org

### **Ulverston E11**

Indoor Market Hall, New Market Street,  
Ulverston, LA12 7LJ  
01229 585778  
admin@ulverstoncouncil.org.uk

### **Waterhead F9**

Windermere Lake Cruises,  
Waterhead Pier, Ambleside, LA22 0EY  
015394 43360  
info@windermere-lakecruises.co.uk

### **Whitehaven A7**

The Beacon Museum, West Strand,  
Whitehaven, CA28 7LY  
01946 592302  
vip@copeland.gov.uk

### **Workington A6**

Workington Library, Vulcans Lane,  
Workington, CA14 2ND  
01900 706170



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